

This bike tour will take you through around 30km of back roads with very little traffic, in a part of the Val d'Era rich in pastures, grains and forage ideal for grazing animals. You will cycle through the heart of the Pisan Hills in the Terre di Pisa, on the crests of hills that are green in spring, and then straw-coloured once the wheat is ready for harvest.

Due to the hilly landscape in this area, this tour, like the others, is particularly recommended for people in good physical condition, but anyone can take it on by hiring our e-bikes!

The departure and arrival point of this cycling experience will be a company, an excellence of the region, which has been making milk into dairy products for over 60 years. Their selection of milk and their processing methods have remained unchanged for decades, as well as their traditional, raw-milk production, their dry cures using salt exclusively from the Volterra saltworks, their skill in forming certain unusual cheeses, their rind treatments using natural products such as extra-virgin olive oil, tomato concentrate or olive oil dregs, and their aging process on spruce planks in both natural and air-conditioned environments. Here, you will be given your chosen bike in the right size for your measurements (height and weight, male/female), which you provide when booking. You will also be given a helmet and a water bottle, and then our representatives will take care to seat you correctly on the bike and provide you with the practical instructions needed for the tour.

At this point, you will be ready to cycle for around three hours on roads through the hills, immersed in the countryside, from the Pisan Hills into the heart of the "Terre di Pisa", encountering the villages of Orciano, Lorenzana and Santa Luce, and catching your breath on the shore of the lake in the WWF oasis. Then it's back on the bike, in the certainty that before long you will find the perfect viewpoint to take photos, and then a stop for coffee will allow you to appreciate the laid-back atmosphere of our little villages, where the rhythm of life has changed very little over the years. Near the end of the tour, you will pass through Orciano before arriving swiftly at the departure point, where you will return your bikes and accessories to our representative, who will be available for technical assistance for the entire duration of the tour. Naturally, the staff at the dairy will be available in case you want to finish your day by tasting their products, as a memory of the "Terre di Pisa" that have welcomed you for this experience. In the company shop you will also be able to buy the products that you have tasted or seen being made.



*Bikelicious
Tuscany*



OVERVIEW

- Season April to October
- Hilly terrain, back roads with low traffic
- Distance 29km Elevation gain 310mt
- Estimated biking times 3 hours

INCLUDED

- English speaking staff/assistant
- GIANT 27speed hybrid bikes
- Helmet and water bottle

Not Included/extra cost

- e-bike +20€
- Cheese tasting +20€
- Cheese tasting with Light Lunch +25€
- Environmental guide +50€
- Assistance Minivan +200€

PRICE

n° Participants	2	4	6	8	10
Price per person	110 €	75 €	60 €	55 €	50 €

