# TERRE di PISA Bike Tour

This bike tour in the Terre di Pisa will take you for over 30km on almost completely flat ground, between the Arno and the Pisan Mountains, partly following the Strada dell'Olio, the theme of the tour, but also taking you on a historical discovery where the Romanico Pisano style will take centre stage... along the way you will encounter no fewer than 5 churches built around the year 1000 AD.

Even using traditional bikes, the tour is suitable for anyone with minimal experience using a bike, considering the lack of hills on the route. However, our e-bikes are always available for hire.

The start and end point of this cycling experience will be one of our partner farms in the area, giving you the opportunity, at your discretion, to visit them and taste the excellent local products. Here, you will be given your chosen bike in the right size for your measurements (height and weight, male/female), which you provide when booking. You will also be given a helmet and a water bottle, and then our representatives will take care to seat you correctly on the bike and provide you with the practical instructions needed for the tour.

At this point you will be ready to cycle for around three hours in the Pisan plains of the Arno, at the foot of the Pisan Mountains, leaving from the medieval village of Vicopisano in the direction of Calci, through the village of Uliveto, famous for its thermal springs, and then passing below the Upezzinghi Fortress, mentioned by Dante in the Divine Comedy. Shortly afterwards, you will find yourselves in front of the Certosa di Calci, an ex-monastery that is now a Natural History Museum. A stop in the village for a coffee is a must, to enjoy the relaxed atmosphere of our little villages where the rhythm of life has changed very little over the years. After catching your breath, it's back on the bike, crossing the Arno and passing through the town of Cascina, which you will cross following its Romanesque traces that are scattered around the area.

Shortly after, you will be back in Vicopisano, where you will return your bikes and accessories to our representative, who will be available for technical assistance for the entire duration of the tour. Naturally, the staff at the farm will be available in case you want to finish your day with a tasting session as a souvenir to help you remember the beautiful "Lands of Pisa" that have welcomed you for this unique experience.



OLIVE OIL







### OVERVIEW

- Season April to October
- Almost flat terrain, back roads with low traffic
- Distance 32km Elevation gain 110mt
- Estimated biking times 3 hours

### INCLUDED

- English speaking staff/assistant
- GIANT 27speed hybrid bikes
- Helmet and water bottle

### Not Included/extra cost

- e-bike +20€
- Tasting EVO Oil +15€
- Tasting + Light Lunch +25€
- Guided visit in Vicopisano +5€
- Environmental guide +50€
- Assistance Minivan +200€

## PRICE

n° Partecipants	2	4	б	8	10
Price per person	110€	75€	60€	55€	50€



